

# CIRCULAR LETTER #600

## Post-Meeting Fall

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MESSAGE FROM THE PRESIDENT

NOVEMBER 2006

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Dear Colleagues,

Our most recent GAP meeting was one in which there was little controversy. I was very proud of the organization when the reaction to our presentation of the fiscal issues was intelligent, measured, and very accepting. The officers and the Board were concerned about member reaction and a body blow to morale. But, instead we had a good sensible discussion.

One of the dilemmas for me over the last four years has been the perennial tug-of-war between the organization and the committees. Repeatedly the strength of GAP resides in our committee structure. The fun, the friendships, and the camaraderie all devolve from the committees. Best of all is the loyalty members feel for the group they feel so attached to and from whom members derive a great deal of support and strength.

There is also a deep sense of loyalty to the organization. GAP, of course, means different things to different members. Although I am a federalist, I have learned a great deal about state's rights from my work with GAP.

It is my intention to solve the website problem and by the April meeting we should have only one web/email address. Our website has had a difficult birth. It was and still is my hope that committees could work in cyberspace in between meetings. In recent years we have struggled with what products we can create and have evolved from books to articles, website presentations, and other areas of experimentation. I, for one, was intrigued by the Plenary Session on the "Internet in Psychiatry" presented by our Fellows. We are lucky to have wonderful young people working with us and bringing an enormous amount of technological information to us.

They also remind us of how psychiatry is changing as many of the "old heads" cling to what we learned and still hold dear after 40 or 50 years. The mixture is a small modern miracle. To say it a little less dramatically, it is one of the things that make GAP great.

Happy Holidays to All!



Sincerely,  
Paul

**Announcements:**

Effective for the Spring 2007 Meeting, each GAP member will be responsible for their hotel room charges in full. Please submit a written request for Ittleson Consultants prior to each meeting before an invitation is extended to the Consultant. The Board voted at the November 2006 Meeting to limit the number of Ittleson Consultants to three per meeting.

Review your address book and add the GAP list serve address to your address book. Many SPAM filters are blocking these messages from being received.

**Welcome new members:**

|                  |                                      |
|------------------|--------------------------------------|
| Robert Rohrbaugh | Committee on Aging                   |
| Joel Streim      | Committee on Aging                   |
| Dorothy Stubbe   | Committee on Child Psychiatry        |
| Jeff Daly        | Committee on Child Psychiatry        |
| Jon Van Loon     | Committee on Disabilities            |
| Anthony Ng       | Committee on Disasters and Terrorism |
| James Lomax      | Committee on IMG                     |
| Jacob Sperber    | Committee on IMG                     |
| Lisa Capell      | Committee on LGBT                    |
| Amy Hoffman      | Committee on LGBT                    |

**Tribute:**

In continuing to honor long time GAP members, the Committee on Disasters and Terrorism is pleased to honor Doctor Knight Aldrich.

***Recognition of Knight Aldrich M.D.'s contributions to GAP as an active member for over 50 years.***

Among Knight's many distinguished accomplishments, he has contributed to GAP for over 50 years since joining in 1954 including co-founding the Committee on Disasters and Terrorism, chairing and providing his editing expertise on the Publications Board, and serving on the Committees on Psychiatry and Psychiatric Social Work, and Psychiatry and the Community. He is GAP's oldest active member.

Knight was the first Chairman of Psychiatry at the University of Chicago building it from the ground up! A midwesterner originally from Winnetka, Illinois, he went to Northwestern Medical School, interned at Cook County Hospital, and trained during WWII in the Public Health Service in Ellis Island. He settled in Chicago for most of his career. His principal interests have been psychosomatic medicine, medical education, grief and bereavement, and short-term psychotherapy. He now lives with his wife Julie in Charlottesville, Virginia, and is Emeritus Professor of Psychiatry at the University of Virginia. They have 8 grandchildren, and four children of whom a son, a neurologist, died at age 50. Most recently, he attended the dedication of the Michael S. Aldrich MD Professorship of Sleep Medicine at the University of Michigan, in memory of his son.

In April, 2004, he celebrated his 90<sup>th</sup> Birthday at our meeting. His many friends at GAP surprised him with a splendid cake—1 candle/decade. He got his wish, and was feted with testimonials !!

## COMMITTEE REPORTS

### GAP FELLOWSHIP COMMITTEE:

Present: Drs. Larry Gross, Raghu Rao, Russell Gardner, Alison Heru

The Committee met to review the ratings and select the new class of Fellows. 1 new Fellows were selected and will be assigned to the committees. The focus for the next meeting will be orienting the new Fellows at their first meeting.

### GAP PUBLICATIONS BOARD MEETING MINUTES

Present: Drs. Adler, Aldrich, Baron, Copans, Fink, Flaherty, Nadelson, Notman, Robinson,

1. The Committee on the Family's manuscript "Family-oriented patient care through the residency training cycle" was approved for submission as an invited journal article.
2. The Psychopharmacology Committee DTC (Direct to Consumer Marketing) Survey received some feedback during their APA presentation and is reworking the manuscript for resubmission to the Publications Board.
3. The Committee on Disabilities had their manuscript entitled "Medical Students with Disabilities: Reviewing Standards for Admissions to U.S. Medical Schools" approved for submission.
4. The Addiction Committee had two approved manuscripts accepted for publication in the American Journal of Addictions in 2007: "Socially Sanctioned Coercion Mechanisms for Addiction Treatment" and "Uses of Coercion in Addiction Treatment: Clinical Aspects". The Mental Health Services Committee's article "The Tipping Point from Private Practice to Publicly Funded Settings for Early and Mid Career Psychiatrists" was published in this month's (Nov. 2006) Psychiatric Services.
5. The Committee on the Family's manuscript "Family-oriented patient care through the residency training cycle" was approved for submission as an invited journal article.
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### ADDICTIONS:

Present: Drs. Westermeyer, Sullivan, Nace, Suchinsky, Lewis, Birkmayer, Fromson, Tamerin

Fellow: Brian Tolliver

The Committee is working on a web based document, "Psychiatric Comorbidities and Cultural Factors in Chronic Pain and Prescription Opiate Abuse" which will be worked on for the next four meetings. The target audience is general physicians, orthopods, and physician who works with patients with chronic pain.

GAP Members can be helpful by suggesting members for the committee and giving recent references.

### AGING:

Present: Drs. C Cohen, Liptzin, Sakaue, Schultz, G Cohen (via teleconference)

Fellow: Kelli Harding

Guests: Warachal Faison, Robert Rohrbaugh, Joel Streim

The Committee is working on a fast track article on "Elder Mental Health Services: Accessibility and Outing Stigma –

Awareness of Mental Illness” which is in first draft to be completed January 2008. The target audience is general public and policy makers to be submitted for publication in Psych Services.

**CHILD PSYCHIATRY:**

Present: Drs. Pfeffer, Kruesi, Shapiro, Schowalter, Tanquay

Guests: Jeffrey Daly, Dorothy Stubbe

The Committee has a recent manuscript “An Inquiry About Temperament” has not been accepted for publication. The Committee is in the process of choosing our next project – likely a joint project on future or innovative models for practice. The Committee is consulting on potential publication for the first manuscript. The Committee will plan to meet with the Committee on Adolescence at the next meeting to finalize our next topic/project.

**COMMITTEE ON THE COLLEGE STUDENT:**

Present: Drs. Girard, Schwartz, Siggins, Notman, Reich

Consultant: Richard Eichler

The Committee is working on a fast track article on “Student Mental Health Services for Rising Pressures.” The Committee is working on the manuscript to submit to JAMA for publication by March 1, 2007. The Committee will be working on their next project.

**CULTURAL:**

Present: Drs. Becker, Desai, Lewis-Fernandez, Lu, Oquendo

The Committee is working on a two fast track manuscripts article on race/ethnicity/culture in psychiatric research articles and teaching of cultural psychiatry in adult psychiatric residency to be completed November 2007. The target audience is mental health providers for both articles, and general health providers for the first topic. The first article will be submitted to AJP and the second article will be submitted to Transcultural Psychiatry.

**GENDER ISSUES:**

Present: Drs. Lang, Robinson

Fellow: Mallay Occhiogrosso

Guests: Nancy Russo, Ph.D.

Doctor Russo has been and invaluable contributor to current project in all stages including extensive editing, providing references, etc. Also, now in generating ideas for a new topic.

The Committee is working on an intermediate length manuscript “Is there an ‘Abortion Trauma Syndrome’: A critique of the Evidence”. It is completed and will be submitted to NEJM or to JAMA or AJP. The committee will target mental health providers, psychiatrists, specifically, citing an amicus brief countering proposed legislation efforts.

The Committee does request suggestions for guests for membership and recent references.

**HUMAN SEXUALITY:**

Present: Drs. Friedman, Downey, Fisher, Adelson, Goldenberg

Fellow: Sidney Edsall

The Committee is working on a project “Sexuality in Bipolar and Bipolar Spectrum Patients” to be completed November 2008 targeted at psychiatrists. The manuscript will be submitted to American Journal of Psychiatry or Journal of Affective Disorders. The Committee is working on a psychometric instrument.

**IMG:**

Present: Drs. Rao, Kramer, Dewan, Goldenberg, Kring, Lomax, Sperber

Fellow: Ramotse Saunders

The Committee is working on two projects:

Identify and create training tools for remediation of weaknesses in trainee psychiatric interviewing

Elucidate the impact of current cultural events in the US on the psychiatric education of IMG

The project will be completed by November 2007 targeted to residents, training directors, and the academic community. This will be submitted to Academic Psychiatry.

**INTERNATIONAL RELATIONS:**

Present: Drs. Saathoff, Twentyman, Young, Everett, Marzani, Rogers, Plotnick

The Committee is working on an intermediate length manuscript on "Ritual as Leadership, and International Management". The project should be completed by 2008 and the audience and publication are to be determined.

**LGBT:**

Present: Drs. Drescher, Barber, Volpp, Guss, Hanin, Rosario, Herbert, McCommon, Ashley

Guests: Lisa Capell, Amy Hoffman

The Committee is working on a web based project on LGBT Issues in Psychiatry in a curriculum for residents. The project is targeted for completion for Winter 2007 targeted to psychiatrists, and psychology trainees. The product will be on line: [www.AGCP.org/gap/main.htm](http://www.AGCP.org/gap/main.htm)

**PREVENTIVE PSYCHIATRY:**

Present: Drs. Pruitt, Koplan, Powers, Compton, Wissow

Fellow: Anthony Charavastra

The Committee is working on a fast track article on "Prevention Psychiatry" to be published in May 2007 in Psychiatry Annals targeted to psychiatrists.

The Committee is revising the article to submit for publication and will continue to work on interviews of psychiatry residency directors regarding prevention promotion.

The Committee will be considering a project related to prevention at times of transition and consider project related to prodromes of mental disorders.

**PSYCHIATRY AND THE LAW:**

Present: Drs. Resnick, Mossman, Ash, Knoll, Kaplan, Georgi-Guarnieri,

Fellow: John Cooke

The Committee is picking a new project in the form of a monograph or screenplay. The anticipated date is Spring 2008 targeted at psychiatry trainees and the general public. The Committee would like to submit it to MGM for distribution.

The Committee does request help from GAP Members with experience in screenwriting or relatives who are in the production business.

**PSYCHOPATHOLOGY:**

Present: Drs. Adler, Dixon, Goldman, Berlant, Siris, Sonis  
Guests: Marcia Valenstein, David Oslin, Ann Hackman

The Committee is working on a fast track article on “Evolving Care Responsibilities of the Psychiatrist” targeted to mental health providers to be submitted to Psych Services.

**PSYCHOPHARMACOLOGY:**

Present: Drs. Gross, Baron, Slaby, Sumner, Goin  
Fellow: Bernard Fischer

The Committee is working on a fast track article on Direct to Consumer survey study. The paper is finished and will be presented at the APA Meeting to be submitted November 2006. The study will be submitted for publication to Primary Psychiatry.

**PSYCHOTHERAPY:**

Present: Drs. Bauer, Braun (visitor), Lazar, Kay  
Guest: Michael Pantaloni

The Committee is working on a fast track article on motivational interviewing in a medical context. The anticipated date for completion is Spring 2007 to be submitted to JAMA.

**RESEARCH:**

Present: Drs. Beahrs, Sutton, Carandang, Gardner, Kerbeshian, Kramer, Looney, McClellan, Schwartz, Swann, Wamboldt  
Guest: Ron Parton

The Committee is working on an intermediate length manuscript on “Excellence in Mental Health Services.” The process will take two years and will be submitted to Psychiatric Annals targeted at psychiatrists.

**SOCIAL ISSUES:**

Present: Drs. Ottenberg, Lurie, Rosenthal  
Guest: Jonathan Dowben

The Committee is looking at the topic of soldiers who enjoy killing.

**THERAPEUTIC CARE:**

Present: Drs. Lipkin, Fidler, Brown, Hammersley, Hunter, Gruenberg

The Committee is working on the written material to accompany the DVD about history of psychiatry. This will be completed by November 2008 and will be distributed to training programs.

**WORK AND ORGANIZATIONS:**

Present: Drs. Morrison, Long, Greiff, Gibson, Grant, Hagen, Daven Morrison, Heidel, Larsen

The Committee is working on a monograph “Business is Personal: Tools to Manage the Crisis in Workplace Relationships”. The anticipated date for completion is 2007 and the target audience is business managers.

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## **PROPOSAL FOR GAP PRESIDENT TO INCLUDE IN A CIRCULAR LETTER EVERY TWO YEARS:**

### **I. Membership**

The major qualifications for membership in GAP are superior competence, creativity, and the demonstration of special interest and knowledge in an area within psychiatry.

Membership in GAP implies not only a sense of responsibility for an individual Committee, but also for the well-being of the organization as a whole. In addition to each individual's unique intellectual participation, membership carries with it a willingness to attend meetings, to answer correspondence promptly, to study and comment on preliminary drafts of Committee Reports, to do Committee homework, and to demonstrate willingness to meet the financial responsibilities of GAP membership, not only with respect to personal dues but also for the over-all concern with its financial structure.

An essential element in the strength and vitality of GAP is recruitment, and members are asked to keep in mind the continuing need for young women and men of unusual talent who are highly motivated to contribute to a study-service organization such as GAP.

In the choice of new members, it has been felt that maximum flexibility and avoidance of rigid membership requirements are desirable as the basis of selection.

The actual procedure for the selection of members is designed to provide Committee autonomy and choice. Although the final decision on accepting new members is made by the Steering Committee, the basic consideration in adding new members to a Committee and determining who those members shall be falls under the aegis of each individual Committee.

### **II. Procedure for Selecting New Members**

Potential new members must have attended two (not necessarily consecutive) meetings of the sponsoring Committee as guests. They may be proposed to the Steering Committee for membership during their second meeting.

The Chairperson must submit to the Central Office 30 days prior to the meeting a three-page summary of the guest's curriculum vitae to be distributed to the Steering Committee at the guest's first visit. The name of the Committee inviting the guest must appear on the CV.

When a Committee decides that it wishes to propose a guest for membership, the Chairperson prepares, in advance of the meeting, a short statement outlining the Committee's reason for proposing the candidate.

After discussion in individual Committees and in the Steering Committee, the latter votes at its Saturday meeting whether to accept or reject proposed members.

When an individual is accepted by the Steering Committee, the Committee Chairperson is required to notify Frances Roton in writing of the new member's acceptance of membership, mailing address, telephone numbers (home and office) as well as FAX number.

### III. Temporary Absence from Meetings

Members who are temporarily unable to attend meetings may request that they be transferred to contributing status, provided they meet the Bylaws requirement of three years of prior, active participation. Situations of this kind may arise for a variety of reasons, for example, a year of sabbatical overseas.

This, obviously, does not apply to absence from one meeting necessitated by an emergency or for any other reason. It is a tradition in GAP that every member attend each meeting unless excused by the Chairperson for sufficient reason.



### DATES OF FUTURE GAP MEETINGS

**2007**  
**MARCH 29-31**  
**NOVEMBER 8-10**

**2009**  
**APRIL 16-18**  
**NOVEMBER 12-14**

**2008**  
**APRIL 10-12**  
**NOVEMBER 13-15**

**2010**  
**APRIL 15-17**  
**NOVEMBER 11-13**