Message From the President

The Spring Meeting of GAP in Westchester was well attended – actually the largest attendance ever numbering 222! Although the forsythia wasn’t in bloom (something that I, a Los Angelino, looks forward to) it wasn’t cold and rainy.

Steve Sharfstein, M.D, on “Health Care Reform Is It Good for Psychiatry” organized the Plenary. And the speakers were Meiram Bendat, J.D., Jack Dresher, M.D., Fred Stoddard, M.D., Ben Liptzin, M.D., and Gail Robinson, M.D. I don’t know that we had the answer to whether or not “it is good for psychiatry” but many wished they could move to Canada after Gail Robinson described the system there. I must say I was thoughtful when I went to my internist for my annual physical and he told me that he was pleased that a patient of his who he was concerned about finally showed for an appointment, citing the affordable act as the reason he had been able to resume his treatment. I guess it was the first good news I had heard about the act since the newspaper is filled with the glitches and unfortunate occurrences happening everywhere when folks try and sign up. Who knows?

The Committee on the Military is now a reality with Captain William Nash in charge and Charles Engel and Harold Kudler joining at this meeting.

Dr. Vis organized a Committee on Psychosomatic Medicine and we welcomed the new members, Anwarul Ahad, Damir Huremovic, Marvin Koss, Constanza Martinez, and Aaron Pinkhason.

The finances of GAP are in good shape as told to us by our Treasurer, Larry Gross and the Board met and confirmed Judge Steve Leifman, a long term Ittleson Consultant as a Life Consultant. Steve will travel from his home in Miami to LA to participate in our District Attorney, Jackie Lacey’s, Summit Meeting on May 28th. She opposes the Board of Supervisors decision to build a two billion dollar construction project designed to accommodate about 3,200 inmates with mental illness instead of spending the money on diversion programs and more effective alternatives to incarceration. I am fortunate to have been included in this Summit Meeting…… more later.

The meeting also included a celebration of Knight Aldrich’s 100th birthday. All were invited to a reception in honor of this. All who had an opportunity to talk with him envied his bright mind - as well as the birthday cake.

Marcia Kraft Goin, M.D., Ph.D.
Professor of Clinical Psychiatry
Keck School of Medicine
University of Southern California
ANNOUNCEMENTS:

Great organizations like GAP often benefit from a smart, user friendly website to help promote some of the groundbreaking work our committees are undertaking. We have enjoyed our current website and recognize its utility, but it’s probably time for an upgrade. We are in the process of putting together a proposal for upgrading the website but welcome from the membership suggestions of particularly compelling Websites and or ideas about the forthcoming site. You can send them to akrasner@silverhillhospital.org and thanks so much!

The Board is working on creating the Dear Abby Award, established in order to honor the memory of Pauline Phillips and the longtime support Dear Abby has given GAP. The Dear Abby Award would be given to an individual or organization who has advanced the mental health of their community. The award would be presented at the spring GAP meeting each year in White Plains, NY, and would include a $1,000 cash award, a plaque, and support for the awardee to attend the meeting. The award will be fully funded by GAP. If you have nominations, please submit them to the Central Office.

A request has been made by Steve Moffic to form a committee on Environmental Issues. If you have an interest in this issue, please contact the Central Office.

The Committees on Cultural Psychiatry and Family are working on a program on Saturday afternoon at the Fall Meeting on Family Resilience. If you have an interest in this session, please contact the Central Office.

In Memoriam: Henry Grunebaum
Henry was a dedicated member of the Family Committee of the Group for Advancement of Psychiatry for over 40 years; the longest serving member of our committee in its history. During the course of his eminent career, beginning in the 1950’s, he was one of the earliest family psychiatrists to write about issues central to our field that we still see as critical. The care of children and families when a parent has a mental illness, couples issues and romantic love, community psychiatry, how to think systemically about families; Henry brought serious thought and scholarship to all of them. He was deeply aware of developmental issues across the life span, and willingly shared his own developmental experiences in doing psychotherapy, in marriage, parenting, aging. There was great breadth, depth and humanistic concern for all people to his work. Henry embraced the role of mentor and taught generations of psychiatrists, including many GAP members, gently encouraging each one to develop their own clinical voice. He brought a wisdom and a sense of the field’s history to our committee, along with many wonderful stories. He was humble about his role in the field, engaging and witty, interested in every new idea. We all enjoyed his company on many walks in the woods, and his many anecdotes. He was immensely kind and truly interested in us, in GAP, and in being part of a team. We will miss him greatly.
Ellen Berman MD

ADMINISTRATIVE COMMITTEE REPORTS:

Plenary Program Committee
The Plenary Committee met Thursday afternoon which will be its regular meeting time, meeting either at 1:30, just before the board meeting, or at 3:30, just after it. In attendance were Larry Gross, Mary Barber, and Doug Kramer, who chaired the meeting in the absence of Stuart Copans. The plenary focusing on the Affordable Health Care Act and Psychiatry, organized by Steve Sharfstein, was an interesting and stimulating presentation. The fall 2014 Plenary will be presented by the fellows.
Possible topics for Spring 2014 plenary:
1. The human biome, that is what is the relationship between the organisms living in and on us and psychiatric illness and health
2. The changing ecology of childhood, and its effects
3. Ginsberg, GAP, and psychiatry
4. The Recovery Movement

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Publications Board
Present: Drs. Adler, Koh, Nadelson, Notman, Robinson, McKean, Schreiber

1. Update on former Reports:
   a. The Committee on Gender and Mental Health’s article “Can you Trust Your Physician” was published as a front page article of Feb. 2014 Psychiatric Times.
   b. The Prevention Committee’s manuscript, “Overview of the Social Determinants of Mental Health was published in the Jan. 2014 Psychiatric Annals issue.
   c. The Disaster’s Committee APPI book was adapted as an APA online Course.
   d. Mental Health Services Committee had two articles published in Academic Psychiatry: “The Neglected Role of Resource Manager in Residency Training” and “Psychiatric Residents Experience with Systems Based Care” as well as a comments section manuscript “Addressing the Cost of Health Care from the Frontlines of Psychiatry” accepted by JAMA Psychiatry.
   e. The Committee on Research’s article “Jails that Masquerade as Psychiatric Hospitals” appeared in the Jan. 27, 2014 issue of Psychiatric Times.
   f. The Medical Education Committee’s manuscript on Supervising Residents in the Information Age was accepted for publication to Academic Psychiatry.
   g. The Psychopathology Committee’ manuscript: “How Do Clinicians Actually Use the DSM in Clinical Practice” was reviewed.
   h. The next chapter from a book from the Committee on Psychiatry and the Law, “Advanced Directives and Health Care Professionals” was reviewed and approved.
   i. The Neuropsychiatry’s manuscript: “Integrating Neuroscience Knowledge into Psychiatric Practice” was reviewed and will be reworked and resubmitted.
   j. The Psychiatry and Administration Committee’s manuscript: “Current Perspectives on Psychiatric Administration & Leadership” was reviewed and will be reworked and resubmitted.

2. The following journals have invited submissions specifically from GAP:
   b. The Journal of Psychiatric Administration and Management (JPAM) – Sy Atezaz Saeed, editor.
   e. Psychodynamic Psychiatry – Richard Friedman, co-editor
   f. Journal of Gay and Lesbian Mental Health – Mary Barber and Alan Schwartz, co-editors
   g. Adolescent Psychiatry – Lois Flaherty, editor
   h. Community Mental Health Journal – Jackie Feldman, editor

3. The Committee on Psychiatry and History excellent first video was viewed and approved by the Publications Board.

OPERATING COMMITTEE REPORTS:
Administrative and Leadership:
Present: Moyhuddin, Petit, Saeed, Silver
The Committee accomplished the following during the meeting:
• Discussed the status of the paper and reviewed the comments we have received from the GAP Publications Board. These comments have been previously sent to all members of the committee.
• Discussed a few revisions to the paper since the last revision. Most notable was related to the response rate. The survey was sent to the 800 members of GAP, AAPA, and AACP. Since many respondents were members of more than one of these organizations, the response rate could be higher than the reported 19%.
• We decided to submit the paper for publication in the AAPA Journal of Psychiatric Administration and Management (JPAM) and pursue an opinion paper based on the survey for a special issue of Psychiatric Quarterly.
• Sy Saeed presented a proposal regarding doing a special theme issue for Psychiatric Quarterly on psychiatric administration and leadership. He has done similar issues for the journal before and has a track record with them. We discussed the idea at some length and decided to pursue it as our next project. Springer, publisher
of *Psychiatric Quarterly*, has also expressed interest in a book proposal on this subject and the committee may pursue that as well.

- The theme of the proposal special issue would be *Current Challenges in Psychiatric Administration and Leadership*. We’ll propose the following contents.
  1. Introduction: Current Perspectives on Challenges in Psychiatric Administration and Management – Findings from a national survey
  2. Career paths and trends - how does one become a leader in psychiatric administration? Implications for the residency training.
  3. Diversity issues/cultural competence in Psychiatric Administration and Leadership
  4. Challenges for the leadership in narrowing the gap between science and practice to improve quality of care and outcomes.
  5. Getting the outcomes we need/want for the funding we got (“Lean Behavioral Health”)
  6. Ethical challenges

- While not considered for the special issue, we also discussed the following topics for future article(a) or a book:
  1. Impact of ACA on mental health care delivery system
  2. Critical Issues to address/deal with for psychiatric leaders (do we recommend treatment really based on what is right for the patient? Mentally ill in jails. Where does confidentiality fit in with safety at the societal level? Is the Hippocratic oath outdated? How to promote recovery?).

- Next Committee Chair – Joe Merlino had previously nominated (via e-mail) Sy Saeed to be the next Chair of the Committee. Stuart Silver seconded. The Committee discussed this nomination and selected him as the next chair by a unanimous vote.

Plans for Between Meeting Work:

- Submit the paper for consideration for publication in JPAM: Psychiatric Administration and Leadership Challenges: Results of a Survey.
- Send proposal for the theme issue to *Psychiatric Quarterly*
- Work on expanding membership of the committee. We discussed the need for more members, especially women and minorities. We generated a list of ten potential members. We also generated a script that we’ll use when reaching out to these potential candidates for exploring their interest in joining GAP. The potential candidates expressing interest in joining will be asked to send a CV to Sy Saeed. Juliana Ekong has already expressed interest and has been invited as a guest. She could not attend this meeting and may be attending the fall meeting. The Committee members will be reaching out to these ten potential candidates.
- Time frame for – Call within 30 days, give them a month to send in their CV’s to Sy, discuss the CV’s via e-mails, decide by 1st of July whether to invite them to the fall meeting. We hope to get 3-4 new members. In the event we cannot produce the desired number of members from the above list, we generated another list of twelve potential candidates to approach. We can also ask for recommendations from Bob Glover (NASMHPD), Art Lazarus, AAPA, Carl Bell, and others. Those of us going to APA can also keep this in mind when at the meeting.
- Here is the script that we’ll use when contacting potential members in informing them about GAP and about our committee.

Script for Potential Members:
GAP is a think tank of top psychiatric minds whose thoughtful analysis and recommendations serve to influence and advance modern psychiatric theory and practice.

Mission of GAP:

- Bringing together top psychiatrists across all disciplines
- Offer an objective, critical perspective on current issues facing psychiatry
- Develop smart analysis and recommendations
- Shape psychiatric thinking, clinical practice, and mental health programs
- Advocate for necessary changes in the psychiatric field
- Inspire the next generation of leading psychiatric thinkers

The mission is carried out through the work of GAP Committees. The Committee on Administration and Leadership

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was founded in 2011 and our goal, as of GAP in general, is to function as a think tank producing timely and relevant publications to advance our field. Most recently the Committee has surveyed our field’s key leaders and administrators to find out the most prevalent challenges and areas where guidance can be of help in developing or sharing best practices in the increasingly challenging field of psychiatry administration and leadership.

Charge of Committee:
- To facilitate the creation and dissemination of knowledge in the field of administration and management;
- To advance the field of the creation of innovative ideas that can clarify key issues for the public and leaders in organized psychiatry;
- To serve the profession by advancing its body of knowledge through the synthesis and distillation of the key issues in psychiatric administration.

Possible projects: Special issue on Psychiatric Administration and Leadership for *Psychiatric Quarterly*; curriculum; handbook; a new textbook; revise an existing text; other projects.

What are you committing to?
- Joining GAP after going through a rigorous process of acceptance as a member colleague
- Making every effort toward attending the two meetings per year in White Plains, NY (Spring and Fall).
- Active participation in committee’s work – thinking, writing, research
- Paying GAP dues and travel plus hotel expenses for meetings.

The Committee will continue to work on the theme issue and potential book idea.

**Adolescence:**
**Present:** Dan Becker, Lois Flaherty, Gordon Harper, Skip Onesti, and Jean Wittenberg
**Fellow:** Sarah Lytle
**Guest:** Stephanie Kwok

**Current Projects and Progress:**
1. Teen Mothers project – Jean presented a clinical project, currently in development, that relates to our topic. “Baby Love” is an inexpensive, family-centered, attachment-focused group intervention for use in well-baby clinic settings. The presentation stimulated a rich discussion.
2. Sarah presented preliminary feedback from her IRB in response to our proposed interviews of teen mothers. We will continue to pursue this aspect of our project in the hope that such interviews can give a voice to teen mothers, and can broaden the perspective of our work.

**Between-Meeting Work:**
- Sarah will continue to work on the interview consent procedures. Group members have committed to completing drafts of their sections by the time of our Fall meeting.
- We plan a conference call during the Summer.

**Focus of Next Meeting:**
The next meeting will continue to focus on the Teen Mothers project.

**Aging:**
**Present:** Kyomen, Liptzin, Meador, Roca, Sakauye
**Fellow:** Theresa Clemmons
**Guest:** Susan Lehman, M.D.

The committee is working on “Training in Geriatric Psychiatry” to be completed in 1-2 years. This will be submitted to *Academic Psychiatry* or *American Journal of Geriatric Psychiatry*. The Committee focused on extensive discussion of currently available material and contacts to learn of other sources and will continue to work on collecting material. The Committee will discuss material collected on curriculum and assessment of Milestones for residents.

**College Student:**
**Present:** Backus, Blue, Notman
**Guest:** Elizabeth Steinhauer, M.D.

The Committee is working on two projects:
- a. Therapeutic Issues with Transgender College Students
b. Consensus Statement regarding guidelines for withdrawal of students with eating disorders
The topics have been chosen and the anticipated date of completion is April 2015 targeted to practicing psychiatrists, psychiatry residents and psychologists and other mental health professionals.
Between meetings, the Committee will be working on recruiting new members and clarifying writing tasks for decided topics. Also, further research and survey of college counseling services regarding the number of transgender students seeking care; survey of colleges regarding the number of colleges with sex reassignment surgery benefits.

Cultural:
Present: Becker, Lewis-Fernandez, Like
The Committee is working on two fast track articles:
  a. Editorial on Use of Racial Ethnicity and Culture Variables in Mental Health targeted to practicing psychiatrists, psychiatry residents, training directors, psychologists and other mental health professionals
  b. Family Inclusion in DSM5 Field Trial on Cultural Formulation Interviewing targeted to practicing psychiatrists, psychiatry residents, training directors, psychologists and other mental health professionals.
The Committee will work on fleshing out and continue to develop the topics.

Disasters and the World:
Present: Grant H. Brenner, Co-Chair, Frederick J. Stoddard, Jr., Co-Chair, Knight Aldrich, David Beckert, Kathleen Clegg, Linda Chokroverty, Ed Kantor, Sander Koyfman, Anand Pandya

Report:
The Disasters and the World Committee had a productive and enjoyable meeting. The Committee per usual protocol spent time updating one another about professional and personal goings on since the last meeting, with a warm and friendly atmosphere and a great deal of enthusiasm.

Knight Aldritch, celebrating his 100th birthday, began the meeting with a fascinating and incisive account of the history of GAP, the crucial impact of GAP psychiatrists over decades, and his thoughts about the present state of psychiatry. He discussed key issues he thought were of paramount importance in the present day, setting the stage for a positive and stimulating discussion of the Disasters and the World Committee’s work. Other committee members recounted their own related experiences with GAP and the important and transformative work GAP members have done over the years, for example facilitating the democratization of psychiatry and remediation of discriminatory practices over the years, with a quality of integrity and activism.

We went on to discuss ongoing work related to the 1st anniversary of the Boston Marathon Bombing, and the related memorialization. The committee discussed the ongoing development of 9/11 memorialization and ensuing opening of the National September 11 Museum and Memorial. There was particular interest in the role of the media in coverage of memorial events, where media coverage can often either support recovery and resilience or sometimes evoke maladaptive reactions. We discussed whether psychiatry could have a clear role in working with media where disasters are concerned.

Committee members discussed projects they were working on, both related to disaster work as well as in the own communities and professional arenas. Dr. Clegg discussed her recent appointment to Medical Director of Recovery Resources, in Cleveland, and the upcoming June conference on Management of Humanitarian Emergencies, and discussed a proposal to provide better psychiatric care in underserved areas. Dr. Pandya discussed an NIMH grant on which he is working to look at predictors of depression in disasters, which received a very good score upon review. Drs. Kantor and Beckert discussed tectonic changes taking place in resident education and the new Milestones guidelines, and we discussed how competency in disaster psychiatry might be included in residency training. We discussed the development of APPI’s CME module based on the recent Disaster Psychiatry book co-edited by Drs. Katz, Pandya and Stoddard, which Dr. Kantor had developed with APPI with the assistance of other co-authors.

Dr. Chokroverty discussed her work post Hurricane Sandy, in New York. She noted that she met with Project Hope,
and conducted focus groups with counselors, and is in the process of analyzing the results. The Committee discussed the important issue again of how volunteers are trained and deployed in disasters, both professionals and community-based volunteers, and discussed the special importance of how immediate local community responses may have a key positive impact post disaster.

Dr. Koyfman, a new Committee member and President of Disaster Psychiatry Outreach discussed DPO’s work with Dr. Rachelle Ramos, a psychiatrist volunteer with DPO who completed two tours in the Philippine’s in response to the recent Typhoon Haiyan. We discussed how the Disasters and the World Committee may work with Dr. Ramos and collected data from this disaster psychiatry mission in order to publish useful pieces related to disaster response. Dr. Koyfman noted DPO has an upcoming fund raiser on June 21st, and the 6th International Conference on Disaster Psychiatry, to be held in the Fall of 2014 at King’s County Hospital in New York City. Please go to DisasterPsych.org for more information.

The meeting overall was very stimulating and enjoyable. We developed several putative Committee Projects for follow up:

2) GAP Disasters and the World Expert Recommendations – Take recommendations and adapt for Psychiatric News, may be combined with 3), below.
3) Paper on Spontaneous Community Responses to Disasters – Lessons Learned On the Ground
4) Integrating Disaster Psychiatry into Residency Training – possible publication for Academic Psychiatry
5) Book Idea – Disaster Casebook – based on narratives illustrating key elements of disaster response
6) Development of a standardized survey tool to capture narratives from psychiatric responders immediately following and perhaps during disaster response
7) Media and Disasters – Best practices for psychiatric responders and journalists, possible collaboration with Columbia University DART Center for Journalism and Trauma

Family:
Present: Ascher, Berman, Heru, Josephson, Rolland
Fellow: Justine Wittenauer
The Committee is working on a joint project with the Committee on Cultural Psychiatry, “A Dialogue: Resilience, Families and Culture.” This project is set for April 2015.

Gender and Mental Health:
Present: Benders-Hadi, Nadelson, Robinson
Guest: Leena Mittal
The Committee is working on a proposal for a book on reproductive mental health, submitted to a publisher. Also, three brief pieces, considerations, “Dealing with a Pregnancy and Mental Health,” “Controversies Regarding Pregnant Women and Substance Abuse” and “Neonatal Adaption Syndrome.” These will be targeted to practicing psychiatrists, psychiatry residents and psychologists and other mental health professionals. The short article will be submitted to Psychiatric Times, the longer article to JNMH, and the book to Oxford Press. Between the meetings, the Committee will finalize the book submission (discussions have been held with the publisher) and discussing the price on guidelines for assessing drugs in pregnancy. The Committee will write a piece on guidelines for drugs in pregnancy and will finish the article, start on intermediate length article, and report status of book proposal.

Human Sexuality:
Present: Freidman, Downey, Haase, Adelson
The Committee is working on a project, “Sexuality in Bipolar Outpatients.” This has been submitted to the Publications Board for rapid review. This will be targeted to practicing psychiatrists, psychiatric residents, and training directors, to

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be submitted to *Journal of Nervous and Mental Disease*. The Committee discussed the next projects, with several going on simultaneously; review of literature focusing on the last five years, preparation of case report of atypical transgender. Working between meetings on these projects and review gender dysphoria research.

**Global Psychiatry:**
Present: Aggarwal, Goldberg, Kramer, Rao, Sciolla, Sperber
The Committee is working on an intermediate length manuscript, “IMG Outcomes: What Becomes of IMG Residency Applicants Who Never Match to Residency Positions?” This will be completed by April 2015 targeted to practicing psychiatrists, psychiatry residents, and training directors, to be submitted to *Academic Medicine*. The Committee will focus on research design outlined, survey instrument redrafted, data sources identified, plan for contacting data sources, and strategy for IRB submission. The Committee will complete the draft of the survey instrument, draft research proposal and submit to IRB, and contact data sources to negotiate access to data sets: ECFMG and NRMP. The Committee will present outline and final survey instrument and finalize plan for fielding the survey.

The second project for the Committee is an intermediate length manuscript, “Are IMG’s Over-Represented in Licensing Disciplinary Actions: Frequency of IMG’s in the NY State OPMC Disciplinary Database, Compared to USMG’s” to be completed January 2015. This will be targeted to practicing physicians, residents, and training directors to be submitted to *JAMA*. The Committee will work on the methodological obstacles discussed and strategies proposed. The plan for between the meetings will be to negotiate data access with NYS Office of Professional Medical Conduct (OPMC), determine sample size needed, draft IRB submission. For the next meeting, the Committee will review data obtained and discuss article contents, to prepare for writing.


**LGBT:**
Present: Ashley, Barber, Drescher, Lothringer, McAfee
Guest: Kate Kunath, Ittleson Consultant
The Committee continues to work on video on sexual orientation change efforts with the first draft in process to be completed by Spring 2015. The target of this will be licensing/ethics, (professional) boards. The Committee reviewed and edited the trailer with filmmaker and brainstormed on funding. The Committee will continue to work on funding issues and content.

**Medical Education:**
Present: Bernstein, Dickstein, Scheiber, Silber
Fellow: Heather Vestal
The Committee has chosen a topic, “The Role of PGY-4 Residency Curricula” to be completed by Spring 2015. Also, another topic under discussion, “The Internet and Psychotherapy Supervision” and the manuscript just completed has been accepted by *Academic Psychiatry*. These will be targeted to psychiatry residents and training directors. The focus between meetings will be to collect data and begin data analysis.

**Mental Health Services:**
Present: Wes Sowers, Anna Skiandos, Glen Davis, David Stern, Yael Holoshitz

1. **Cost Conscious Care:**
David gave an update on what this work group has been doing recently. They have done a number of workshops and published editorial piece. A survey (via Survey Monkey) of training programs has been completed, without any surprising results. Few programs are teaching resource management in any organized way. As a next step they have been thinking of developing a curriculum that could be used by training programs. This would look at sources of expense in psychiatric care, but also provide some ways of thinking about value, and how to incorporate that into clinical decision making. There was some discussion around whether the curriculum should focus more on fact or on process.

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The discussion noted that psychiatrists have not had a seat at a table in determination of practice and policy. How is cost conscious care in the best interest of psychiatrists? We touched on a number of issues relevant to the economics of psychiatry. Some of the specific issues that arose were: what is the added value of psychiatrists doing therapy? How do we offer choice to clients related to cost and value? How does this relate to career mapping and negotiating the activities of the clinical care and job descriptions. Why do we need to understand financing? The curriculum would try to put these questions in the context of ethical behavior.

Action: Develop curriculum content in terms of cost consciousness; health care financing, ethics, cost within a system, giving client choice (RTP). Explore various options for presentation.

II. Community Psychiatry Committee:
We spent some time talking about what both committees are doing, and began to talk about the possibility of creating some kind of vision of the ideal system of care. This conversation started with the idea that fragmentation and regional inconsistency makes for a system that doesn’t work. How would we start from scratch?
When there is a spectrum of intensity of disability, where should we focus? How do we define need? We should not be thinking only about diagnosis for that purpose. Should there be a new system for looking at needs? How do we think about systems that can address these needs? Structure, financing, source of resources and allocation all need to be considered. Adaptability of the model will be one key aspect along with the workforce needed to support the system. How do we think about full integration? How does that relate to workforce? The idea of boundary spanners was thrown out; how we create bridges between specialties? There needs to be an holistic assessment that allows people to walk into any door and find what they need.

We also need to think about promoting health and creating healthy communities, prevention and public health. Who is responsible for the system? Centralization v. regional control?

There was a brief debate about who we target, i.e. SMI v. everyone; should we design something that is universal? Maybe this is a matter of how we triage rather a real difference in perspective. Where is the idea of choice in this? What about people who don’t want treatment? What should the legal framework be?

Several task groups were created and assigned to various committee members including:
Technology and Prevention
Functional Assessment
Crisis
Housing
CJS
Recovery oriented continuum/peer support
Screening
Supportive Employment
Financing
Addictions
Cognitive Impairments

Career Development:
This project started as the development of a manuscript. Today we talked about a section that Anna has worked on related to mentoring. She began with some questioning of how broadly the larger document should apply, beyond just public/community psychiatry. She feels that these principles should apply to all ECPs. She is interested in getting feedback on how in depth she should be treating this.

We started with a consideration of what we could do with this material. How could this material be presented. David suggested doing this in some sort of webinar format, using this as an introduction or gateway to more advance or complete information. Anna wondered when the best time to introduce this would be. She reviewed the prior work of subgroup
and consideration of how we could create a module that could be offered to ORTs across the country. How would we promote this and who would participate?

An APA course submitted on this topic was not accepted. But this is something that Wes’ Center for Public Service Psychiatry has been doing at IPS, so if we proceed with this idea, it might make sense to have our group join that one. We considered other ways this material could be presented. Publish an article? Monograph? What type of format would work best? Scope of education was also considered (all psychiatrists? Only community Psychiatrists), who is target for this, at what point in career?

There was a previous monograph published by GAP entitled “Careers: A Brain-Wise Guide to Finding Fulfillment at Work” Barbara Long MD et al. so it is unclear what we would add to this. We agreed that this publication should be reviewed.

Action: Development of Publication of some kind. Consider further development of materials to disseminate the information:

- Enhancing Faculty of CPSP Course
- Webinar? For residents who are interested
- Module Development? For Use in Resident’s Training.

**Primary Care Provided by Psychiatrists:**

The document was reviewed and Wes explained some of the edits that were included. The title was changed to something more descriptive; “Guidelines for Primary Care Provided by Psychiatrists”. The concept for thinking about levels of care was changed from setting and intensity to “competencies.” These would be activity based levels of care with competency based descriptors: I- Health Promotion and Monitoring; II- Basic Management of Uncomplicated Medical Conditions; III – Fully Integrated Primary Care and Behavioral Health.

The discussion noted that existing guidelines are related mainly to monitoring and are most relevant to Level I. There is very little published that we have been able to find about skills and health management skills that at least some psychiatrist ought to be able to deliver. It was noted that there is a session at the upcoming APA meeting related to primary care skills for the psychiatrist. We will try to confer with the people who are conducting this day long course.

Much of the additional work on the document will be directed toward elaborating the Level II skills and the specific situations in which they should be practiced. There should be some discussion of the obstacles that prevent the widespread practice of health and illness management in psychiatry and how they might be overcome. We discussed the possibility of conducting a survey to determine to what extent psychiatrists in various situations are comfortable providing primary care activities.

Action: This group will try to develop an article on this topic including some data generated from the survey which will be developed.

**Other Agenda Items:**

We did not have time to discuss other items on the agenda and agreed to visit these topics at our next meeting. We will meet again in November of 2014.

**Military Psychiatry:**

Present: Charles Engel, Harold Kudler, William Nash
The Committee met the first time as a committee and is working on a fast track essay, “Mental Health Prescription for Military Members, Veterans, and their Families” to be completed November 2014 with the first draft in preparation. This will be targeted at practicing psychiatrists, psychiatry residents, training directors, psychologists, other mental health professionals and the general public. The Committee developed an integrative framework for addressing the psychological consequences of war at the national level from a public health perspective. Major themes and discussion points identified.

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Outline begun for a scholarly essay. Between meetings, the Committee will focus on the outline to be completed by 28 April 2014. Working draft of essay to be completed prior to the next GAP Meeting so it can be reviewed then. Recruit additional committee members and review publication committee comments and edit manuscript at the next meeting.

Neuropsychiatry:
Present: Benjamin, Lauterbach, Schildkrout
Guests: Michael Gregory and David Ross
The Committee is working on a journal article, “Integrating Neuroscience and Neuro-Psychiatry Knowledge into Psychiatric Practice: Overcoming the Barriers.” This will be re-submitted to the Publications Board in mid-May. This will be targeted to the academic medical community. This will be submitted to Academic Medicine. The focus of work between meetings is:
   a. Rewrite of current project, as defined above
   b. Brain storming a new project – a teaching module (online CME)
Conference calls and google docs will be used to finish the draft of the paper and email more ideas about on line teaching project. For the next meeting, the Committee will work on development of on-line teaching module (content and technology).

Prevention:
Present: Compton, Koplan, Shim
Guest: Marc Manseau (Ethel Ginsburg Fellow)
The Committee will be working on a fast track article, “The Social Determinants of Mental Health” to be completed in the next week, the first chapter. This will be targeted to practicing psychiatrists, psychiatry residents, psychologists and other mental health professionals.

The Committee will begin brainstorming on the next project.

Professionalism and Ethics:
Present: Fallon, Gale, Gennaro, Hafter-Gray, Howe, Nesheim, O’Connor, VanLoon (via video conference)
The Committee is working on a project, “Proposal for a Secure Archive of Anonymous Case Studies” in first draft. This will be targeted to editors of peer reviewed health care journals. The Committee on Professionalism and Ethics is attempting to delineate means by which psychiatric physicians can fulfill their professional responsibility of engaging in scholarly activity that will improve the clinical care of patients while protecting the privacy and confidentiality of individual treatments. This is a particular issue for psychotherapies; but has implications for the full range of psychiatric care. We hope to develop a proposal for the construction of an accessible but stringently protected and confidential archive of reports of treatment experiences that meet criteria for publication but which will be anonymous in respect to both patient and clinician. The Committee has a Dropbox account and hope to work on draft documents between meetings.

Members could be helpful with anecdotes re adverse consequences of “disguised” clinical reports will be gratefully received, but please remember to encrypt those if they are transmitted over the internet.

Psychiatry & Community:
Present: Feldman, Flaum, Hackman, Leifman, LeMelle, Minkoff, Osher
Fellow: Yvonne Yang
Guest: Dianna Dragatsi and Joe Parks
The Committee is working on “People with Mental Illnesses in Jails and Prisons; A Cry for Help: An Inspiring Manual for Psychiatrists and other Collaborators, that is near completion to be completed Fall, 2014, targeted to practicing psychiatrists and psychiatric residents. The Committee will approach the American Psychiatric Foundation about publishing the article. The Committee discussed the next project and decided to focus on developing a guide for ideal system of care for behavioral health disorders. The Committee will develop bullet points on crisis services, housing recovery oriented continuum of care, involuntary hospitalization, financing, and peer support. These topics will be developed into a narrative.

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Psychiatry & History:
Present: Fidler, Gruenberg, Kramer, Larsen, Verhulst, Weiss
Guest: Alexander Westphal
The Committee is working on a video project – “19th Century” to be completed in May. This project will be targeted to psychiatry residents, residency training directors, medical students, psychologists and other mental health professionals.

Psychiatry & Law:
Present: Ash, Frierson, Giorgio-Guarinei, Resnick
Fellow: Sarah Roff
The Committee is working on a monograph “Legal Cases that Changed Psychiatric Practice” to be completed Fall 2014. This publication will be targeted to psychiatrists and psychiatry residents. It will be submitted to Oxford Press or APPI. Between the meetings the Committee will be getting the final chapters finalized. The Committee will be looking for the next project.

Psychiatry & Religion:
Present: Hunter, Lewis, Phillips
Guest: Michel Norko
The Committee is working on a pair of articles, the first one is has been submitted to a journal, Living Church. The second article, “Working with Evildoers.” The Committee has chosen a new topic, “Religion as a Preventer of Suicide”.

Psychopathology:
Present: Adler, Berlant, Dixon, Goldman, Koh, Levine, Oslin, Siris
Guest: Matt Erlich
The Committee has a new topic under discussion.

Psychopharmacology:
Present: Baron, Goin, Gross, Pine, Slaby, Sumner
Fellow: Nicholas Badre
The Committee is working on an article, “Psychopharmacology in Integrated Care: Educational Challenges” due to be completed November 2014. This will be targeted to practicing psychiatrists, psychiatry residents, training directors, and academic psychiatrists. The Committee is looking forward to editorial feedback. The focus between meetings will be making writing assignments and finishing the first draft with the final manuscript being completed November 2014.

Psychosomatic Medicine:
Present: Anwal Ahad, Damir Huromeic, Marvin Koss, Constanza Martinez Pinanez, Aaron Pinkhasov, Ramaswamy Viswanathan
This newly formed committee is working on a project, “Medical Decisional Capacity Case Book” to be completed April 2016 targeted to nonpsychiatric physicians and nurse practitioners. This will be submitted to Elsevier or APPI. The Committee will prepare a book proposal and submit for guidance. The Committee discussed a number of topics and chose one. We discussed the format for publication, and a number of ideas to be incorporated in the manuscript. The Chair, Doctor Viswanathan, will prepare an outline and a book proposal, and circulate via email by June 15 to members (the guests were voted in as members at this meeting by the Steering Committee). The material will be further developed by input from other members.

Psychotherapy:
Present: Eve Caligor, Drew Clemens, Susan Lazar, Mike Myers, Eric Plakun, William Sledge
Fellow: Ferda Sakman
Guest: Meiram Bendat
The Committee is working on a fast track article Special Issue of Psychodynamic Psychiatry, to be completed by June 1, 2014 with final draft near submission. This will be targeted to practicing psychiatrists, psychiatry residents, training
directors, psychologists and other mental health professional, consumer advocates, and politicians interested in mental health. This will be a special issue of *Psychodynamic Psychotherapy*.

Between the meetings the Committee will review:

- Obstacles of parity
- Review of research on efficacy of psychotherapy
- Cost effectiveness of psychotherapy
- Workplace effectiveness of psychotherapy (productivity)
- Mental health needs of military service and veterans
- State of psychotherapy training and future directions
- Environment and obstacles for early career psychiatrists in psychotherapy

The project will be completed by May 1. The Committee will focus on using the articles in a way that might have impact on policy (e.g. contact with advocacy groups, politicians, and industry groups). The Committee would be interested in hearing from the membership with guidance in which articles would best represent GAP goals and receive feedback on the articles.

**Research:**

**Present:** Beahrs, Hale-Richlen, Kramer, Malone, Swann  
**Fellow:** Anup Sharma  
**Guest:** Meg Cary, Patricia Stern, Susan Kweskin

The Committee is working on a project, “Resilience.” The Committee began the Spring 2014 meeting with a focus on a decentralized, family-based, healthcare delivery system. We finished the weekend with the expanded topic of resilience, and six proposed journal length articles under consideration. Additional elaboration of the topic(s) happened during the 05/16/2014 committee conference call, to be completed in 2015 or 2016. This will be targeted to practicing psychiatrists, psychiatry residents, training directors, psychologists, other mental health professionals, and the general public.

Focus of work accomplished during the meeting:

- What is resilience? Adaptive v. maladaptive resilience. Drs. Swann and Sharma  
- Paradox of guidelines and competencies. Drs. Beahrs and Cary  
- How systems co-opt resilience. Dr. Cary  
- Loss of societal resilience and marijuana legalization. Dr. Hale-Richlen  
- Resilience and psychiatry. Dr. Kramer  
- Resilience and healthcare systems. Drs. Copans and Hale-Richlen

Plans for work between meetings:

- Conference calls at noon EDT, May 16th, July 18th, and September 12th  
- Include David Sasso, M.D. and other members of the GAP Committee on Psychiatry and the Arts, at dinner meeting, 7 p.m. at the Renaissance, November 13, 2014. We believe there may be an inherent resilience with respect to systems in the arts. We hope to explore this idea further.  
- Continue to develop our relationship with Ittleson Fellow, Ms. Susan Kweskin of *Psychiatric Times*.  
- Continue to develop authorship teams.  
- Chair to read, “The Starfish and the Spider: The Unstoppable Power of Leaderless Organizations.”  
- Alan Josephson, M.D., GAP Committee on Family, to visit Research Fall 2014 Meeting.  
- Two additional prospective members will be re-invited to visit in the Fall: Drs. David Kaye and Caroline Palmer

The GAP Committee on Research has evolved a flexible process with respect to committee membership. A long-term member is currently visiting the Committee on History and Psychiatry. Another long-term member is now a member of the Terrorism and Political Violence, but also an official visitor to Research. A long-term member of the Committee on Adolescence is currently a visitor to Research. A long-term member of the GAP Committee on Family will be visiting Research during the Fall 2014 Meeting. The managing editor of *Psychiatric Times* is an Ittleson Consultant to GAP Research. Lastly, we seem to have an unofficial collaboration with the Foundation for Excellence in Mental Health Care, as we have had visitors associated with that organization at several meetings, Mr. Don Cooper, Ms. Patricia Stern and Mr. Virgil Stucker.

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Work and Organizations:
Present: Long, Morrison,
Fellow: Sean Sassano-Higgins
Guest: Andrew Brown
The Committee is working on a survey of residents on their knowledge of and interest in workplace to be completed in 1-2 meetings. This will be targeted to practicing psychiatrists, psychiatry residents, and training directors. This will be submitted to *Psychiatric Annals or Letter to the Editor*. The focus between the meetings will be reviewing the results of the survey.

## DATES OF FUTURE GAP MEETINGS

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